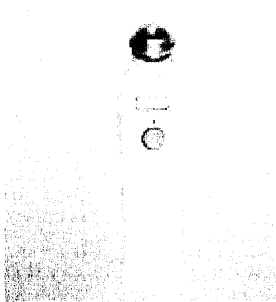


## MINNESOTA PARENT MAGAZINE ONLINE

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### Do You Need This?



#### **Exergen Temporal Artery Thermometer**

So, your toddler feels a little hot. He's really gotten too old for the indignity of the rectal thermometer, but hasn't gotten the hang of holding an oral one under his tongue. What do you do? At daycares and schools the procedure is often to take an axillary temperature, under the arm and add a degree, but I've never really trusted that. Ear thermometers are one common choice, but they're expensive and, according to my pediatrician, inaccurate on twisty, tiny ear canals. So here's another solution. The temporal artery thermometer works a

little like those forehead strip thermometers from a decade or so ago, measuring the temperature of the artery in the forehead, but with infrared technology. You place the sensor on the child's forehead and get a reading instantly. My husband asked our pediatrician about it at our last appointment and she says she's got no problem with them, even owns one herself. She did find it hard to use on a wiggly baby and switched back to a rectal thermometer for her youngest. They did a trial right there in the office and got four different readings on my daughter, ranging from 100.1 to 100.7, but the doctor herself said that level of accuracy isn't all that important. (It is, of course, if you've got a newborn.) -- **Tricia Cornell, mother of a 4-year-old and a 2-year-old, Minneapolis**

**\$35.99**

[Amazon.com](http://Amazon.com)